



# STAY INFORMED

**GET INSTANT ALERTS SENT STRAIGHT TO YOUR PHONE!**

Schedules, class updates, cancellations, and announcements! Alerts are tailored by program. Please sign up for multiple alerts, based on your areas of interest.

**Sign up for alerts by texting the program “handle” (ex: @NYCAQU) to the number 81010**

**@NYCMEMBER** for General Membership Announcements

**@NYCAMGEX** for Group Exercise AM Classes

**@NYCPMGEX** for Group Exercise PM & Weekend Classes

**@NYCAQU** for Aquatics

**@NYCYOUTH** for Youth Group Classes

**@NYCPRIME** for Primetime

Members will need to enroll personally and cannot be added/deleted by the administrator.  
**VERIZON CUSTOMERS: Verizon will not send text messages on behalf of Remind.** However, you can still sign up for notifications by downloading the Remind app at [rmd.me/a](http://rmd.me/a).