



# CASCO BAY BRANCH

Main Pool Schedules: September 3rd - November 2nd

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## MAIN POOL - OPEN SWIM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	3pm - 4pm	3pm - 4:30pm	3pm - 4:15pm	3pm - 4:30pm	1pm-4:15pm	12pm - 6:30pm	12pm - 4:30pm
	7:30pm - 8:30pm	7:30pm - 8:30pm	7:30pm - 8:30pm	7:30pm - 8:30pm	6:30pm-8:30pm		

## MAIN POOL - LAP SWIM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30AM	8 Lanes	8 Lanes	8 Lanes	8 Lanes	8 Lanes		
7:00AM	8 Lanes	8 Lanes	8 Lanes	8 Lanes	8 Lanes	8 Lanes	
8:00AM	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	8am 8 Lanes 8:30am 6 Lanes	
9:00AM	5 Lanes	5 Lanes	5 Lanes	5 Lanes	5 Lanes	9am 6 Lanes 9:30am 8 Lanes	6 Lanes
10:00AM	6 Lanes	7 Lanes	6 Lanes	8 Lanes	8 Lanes	7 Lanes	6 Lanes
11:00AM	11:00am 6 Lanes 11:30am 8 Lanes	5 Lanes	8 Lanes	7 Lanes	8 Lanes	7 Lanes	6 Lanes
NOON	8 Lanes	8 Lanes	7 Lanes	7 Lanes	8 Lanes	6 Lanes	6 Lanes
1:00PM	8 Lanes	8 Lanes	8 Lanes	5 Lanes	6 Lanes	6 Lanes	6 Lanes
2:00PM	8 Lanes	8 Lanes	8 Lanes	8 Lanes	6 Lanes	6 Lanes	6 Lanes
3:00PM	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes
4:00PM	4:00 pm 6 Lanes 4:15 pm 1 Lanes	4:00 pm 6 Lanes 4:30 pm 1 Lanes	4:00 pm 6 Lanes 4:15 pm 1 Lanes	4:00 pm 6 Lanes 4:30 pm 1 Lanes	4:00 pm 6 Lanes 4:15 pm 2 Lanes	6 Lanes	4pm 6 Lanes 4:30pm Pool Closed
5:00PM	1 Lane	5:00 pm 1 Lane 5:30 pm No Lanes	1 Lane	5:00 pm 1 Lane 5:30 pm No Lanes	2 Lanes	6 Lanes	
6:00PM	2 Lanes	6:00 pm 1 Lane 6:30 pm 3 Lanes	2 Lanes	6:00 pm 1 Lane 6:30 pm 3 Lanes	6:00 pm 2 Lanes 6:30 pm 6 Lanes	6pm 6 Lanes 6:30pm Pool Closed	
7:00PM	7:00pm 2 Lanes 7:30pm 6 Lanes	7:00pm 3 Lanes 7:30pm 6 Lanes	7:00pm 2 Lanes 7:30pm 6 Lanes	7:00pm 3 Lanes 7:30pm 6 Lanes	6 Lanes		
8:00PM	8pm 6 Lanes 8:30pm Pool Closed	8pm 6 Lanes 8:30pm Pool Closed	8pm 6 Lanes 8:30pm Pool Closed	8pm 6 Lanes 8:30pm Pool Closed	8pm 6 Lanes 8:30pm Pool Closed		

**PLEASE NOTE:** The pool schedule is subject to change at any time for programs or rentals, and lane availability may vary without notice.

**Casco Bay Branch**  
YMCA OF SOUTHERN MAINE  
14 Old S Freeport Rd, Freeport, ME  
207.865.9600 | ymcaofsouthernmaine.org

**SHOWERS ARE MANDATORY BEFORE ENTERING THE POOL AREA.**

Get text notifications for closures and cancellations:  
Text: @CBYAU to 81010

**Pool Closures:**

\*Additional lanes will be available on Tuesdays from 11:00am-12:00pm until September 17th  
\*Additional lanes will be available on Thursdays from 1:00pm-2:00pm until September 26th