



CASCO BAY BRANCH

Therapy Pool Schedules: January 2nd - February 22nd

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

THERAPY POOL - OPEN SWIM

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---------|--|--|--|--|--|-------------|-------------|
| 6:00AM | Adult Swim | Adult Swim | Adult Swim | Adult Swim | Adult Swim | | |
| 7:00AM | Adult Swim | Adult Swim | Adult Swim | Adult Swim | Adult Swim | Open Swim | |
| 8:00AM | | | | | | Open Swim | |
| 9:00AM | | | | | | Open Swim | Adult Swim |
| 10:00AM | | | | | | | Open Swim |
| 11:00AM | *Open Swim | | *Open Swim | | | | Open Swim |
| NOON | | | | | *Open Swim | **Open Swim | |
| 1:00PM | Open Swim | Open Swim | Open Swim | Open Swim | Open Swim | Open Swim | Open Swim |
| 2:00PM | Open Swim | Open Swim | Open Swim | Open Swim | Open Swim | Open Swim | Open Swim |
| 3:00PM | Open Swim | <u>3pm Open Swim</u> 3:30pm Closed | Open Swim | Open Swim | Open Swim | Open Swim | Open Swim |
| 4:00PM | <u>4pm Open Swim</u> 4:30pm Closed | | <u>4pm Open Swim</u> 4:30pm Closed | | | Open Swim | Pool Closed |
| 5:00PM | | | | | ***5:15pm Open Swim | Open Swim | |
| 6:00PM | 6:15pm Open Swim | 6:15pm Open Swim | 6:15pm Open Swim | Open Swim | Open Swim | Pool Closed | |
| 7:00PM | <u>7pm Open Swim</u> 7:30pm Pool Closed | <u>7pm Open Swim</u> 7:15pm Pool Closed | <u>7pm Open Swim</u> 7:30pm Pool Closed | <u>7pm Open Swim</u> 7:30pm Pool Closed | <u>7pm Open Swim</u> 7:30pm Pool Closed | | |
| 8:00PM | | | | | | | |

PLEASE NOTE: The pool schedule is subject to change at any time for programs or rentals and lane availability may vary without notice.

Casco Bay Branch
YMCA OF SOUTHERN MAINE
14 Old S Freeport Rd, Freeport, ME
207.865.9600 | ymcaofsouthernmaine.org

**SHOWERS ARE MANDATORY BEFORE
ENTERING POOL AREA**

Get text notifications for closures and
cancellations: Text @CBYAQU to 81010

Notes and Pool Closures:

*Delineates half open swim, half adult therapy lane.

**Pools close at 12:00pm on 1/5

***Pools close at 5:30 on 1/4, 1/11, 1/18, 1/25, and 2/1