



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DISCOVER SUMMER AT THE Y!

Summer Session Youth Development Programs

Registration opens May 28. Session runs June 17 — August 4.

Summer Swim Lesson Registrations Opens June 4

LITTLE CAMPERS – FOREST EXPLORATION GROUP!

Ages 2-5

Mondays: 10:30 - 11:15am

Let's get outdoors! Weekly exploration activities to gather, sort, count, observe, and create – blending STEM learning and craft projects! Let's get messy! This is a parent/child class.

STORYTIME YOGA

Ages 1-5

Fridays: 8:45-9:15am with Liz

Storytime Yoga is a children's body-centered education and yoga therapy program. It integrates yoga and oral storytelling, relaxation, meditation, peace and character education. We will work towards healthy, peaceful, and literate children, families, and communities. With body and word, enter the world of language folk tales, fairy tales, myths and personal stories. This is a parent/child class!

TREASURE HUNTING: INTRO TO LETTERBOXING

Ages 5-9

Mondays: 5:15-6:00pm with Katy

Children will create their own letterboxing "finding kit" and embark on the trails around the YMCA to find hidden treasures! We will work together as a team to read clues and seek treasure. Children ages 3-4 are welcome with a parent accompanying them.

SUMMER BALLET CLASSES

BITTY BALLET

Thursday, 5:35-6:15pm with Erin

Saturday, 9:45-10:30am with Erin

BALLET

Saturday, 10:30-11:15am with Erin

Pineland Branch

YMCA of Southern Maine

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ymcaofsouthernmaine.org

