



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SPRING II SWIM LESSON SCHEDULE

## PINELAND BRANCH

**Registration:**  
Monday, May 13  
(On-line or at the  
Membership Desk)

Registration required for  
all classes listed on this  
schedule.  
Online registration  
opens May 13 at 5:00 am.

**Classes Held:**  
May 26- July 20

**Cost:** \$20 with Family or  
Single Adult with Family  
Memberships, or \$73 for  
Youth Program Members

**One Class  
per Session  
per Member**  
(This does not allow for  
taking classes at multiple  
Y branches. We fill many  
of our swim lesson classes  
across the association,  
and want to enable as  
many children to  
participate as possible in  
a class. Thank you for  
your cooperation!)

**All members are  
required to shower  
before entering the  
pool. No exceptions!**

**Goggles and swim caps  
are encouraged. Please  
tie up hair in a bun or  
braid before class!**

<b>Class Name</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>Shrimp/ Kipper/ Inia/ Perch/</b>	5:00-5:30 (Emily)				9:30-10:00 (Courtney)	10:15-10:45 (Emily)  10:45-11:15 (Emily)
<b>Pike</b>	4:00-4:30 (Emily)  4:30-5:00 (Emily)	4:40-5:10 (Emily)  5:10-5:40 (Emily)	4:00-4:30 (Emily)  4:30-5:00 (Emily)	4:00-4:30 (Emily)  4:30-5:00 (Emily)	10:00- 10:30 (Courtney)  10:30- 11:00 (Courtney)	8:00-8:30 (Gage)  9:45-10:15 (Emily)
<b>Eel</b>	4:45-5:15 (Isaac)					8:30-9:00 (Gage)  9:00-9:30 (Gage)
<b>Ray/ Starfish</b>						
<b>Polliwog</b>	4:00-4:45 (Isaac)		4:30-5:15 (Gage)			9:30-10:15 (Isaac)
<b>Guppy</b>			5:15-6:00 (Gage)	5:00-5:45 (Emily)		8:45-9:30 (Isaac)
<b>Pre- minnow</b>			6:00-6:45 (Gage)			8:00-8:45 (Isaac)



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SWIM LESSONS AT THE YMCA

The YMCA's Aquatics Program is part of our mission to help people develop character and a positive sense of self-worth. Using the YMCA of the USA's National Swim Lesson Program we help children and adults learn to swim at their own pace.

## PRIVATE LESSONS

Half hour and hour long private and semi-private lessons are available on an on-going basis to members of all ages and can be scheduled through the aquatics office.

### Fee

\$40/half hour private lesson; \$60/hour private lesson

\$30/half hour semi-private lesson (per person); \$45/hour semi-private lesson (per person)

## YOUTH LESSONS

We offer lessons for ages 6 months and up. Children who are not potty trained must wear two tight fitting layers around the waist and legs. (Reusable rubber pants over disposable swim diaper)

### Fee

Youth Lessons are \$20 with Family & Single Adult Family memberships (30 or 45 minute class once a week)

\$70/session with Youth (8 years & up) and Youth Program (0-7 years) memberships

## PRESCHOOL & YOUTH SWIM LEVEL BREAKDOWN

**Shrimp/Kipper/Inia/Perch:** Ages 6 months to 3 years with parent

**Shrimp/Kipper:** Ages 6 months to 2 years with parent

**Inia/Perch:** Ages 2-3 years with parent

**Pike:** Beginner 'Non-swimmer' – 3-5 years old or participated in Inia/Perch

**Eel:** Intermediate – 3-5 and completed the Pike level

**Ray/Starfish:** Advanced level – 3-5 years old and completed Eel level

**Polliwog:** Beginner Level 'Non-swimmer' - Ages 6 & Up

**Guppy:** Beginner/Intermediate Level - Has passed Polliwog, Ages 6 & Up

**Pre-Minnow:** Intermediate Level - Can swim front & back stroke for 25 yards, must be at least 6 years.

**These levels are not offered at Pineland due to pool size, but can be found at our other branches.**

**Fish:** Intermediate Level - Has practiced all strokes, Ages 7 & Up, Big Pool

**Flying Fish/Shark:** Advanced Level - Must be at least 8 years old, Big Pool

Showers are **required** before entering the pool.

Shoulder length or longer hair must be up in a cap or tied up in a bun, braid or ponytail.