



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SPRING INTO FUN

Nurturing the potential of every child and teen. Financial assistance is available, please ask.

SPRING I YOUTH DEVELOPMENT PROGRAMS,

Registration opens 2/25. Swim lesson registration opens 3/4. Session runs 3/17—5/18.

Hip Hop Dance

Ages 7-13

Thursday, 4:15-5:00 pm

Energetic and fun, hip hop dance is a great outlet for kids! From freezes to footwork, students will explore hip hop with creative, age-appropriate moves to their favorite music and some old beats, too. Each session will culminate in a performance for family and friends.

Wilderness Warriors

Ages 7-13

Tuesday, 4:00-4:45 pm

Are you ready to walk on the wild side? We will be learning about the great outdoors with a variety of experiential lessons focusing on primitive skills. Skills such as foraging for wild edibles, obtaining and purifying water and the basics of survival. We will end this session with a special field trip to Otter Pond to test our new skills!

Youth Karate

Ages 4-6

Tuesday, 4:00-5:00 pm*

This class provides a basic understanding of martial arts. Students will learn to use and coordinate parts of their body and mind, and apply this not only to martial arts, but also sports, studying and personal relationships. *Will run with 5 registrations.

Ages 7-13

Monday, 5:45-6:45 pm

COST: \$35/\$73 family/individual membership; \$125 community, unless otherwise noted.

Pineland

YMCA of Southern Maine

25 Campus Dr. New Gloucester | 207.688.2255

www.ymcaofsouthernmaine.org





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SPRING SESSION, CONTINUED...

Around the World/Creative Movement with Liz

Ages 1-5

Friday, 8:30-9:15 am

A fun filled and engaging class for caregiver and child. You'll stretch and strengthen together. Multicultural music and mindful self-expression will be introduced throughout the class.

LEGO Treasure Club

Ages 4-10

Monday, 5:30-6:15 pm

Kids will build their own treasure cache of Legos, bury their treasure, draw a map, and write directions so that other participants can find it. Building, drawing, direction following and exercise all at the same time! Treasure Club might include the outdoors, weather permitting.

BALLET WITH ERIN

Bitty Ballet

Ages 3-4

Thurs. 5:00-5:30pm

Sat. 10:30-11:00am

*Requires previous experience or instructor approval to register.

Intro to Ballet

Ages 5-7

Sat. 11:00-11:45 am

Ballet I*

Ages 6-10

Thurs. 5:30-6:30pm

Zumba Kids

Wednesday, 4:15-5:00 pm

Free with membership!

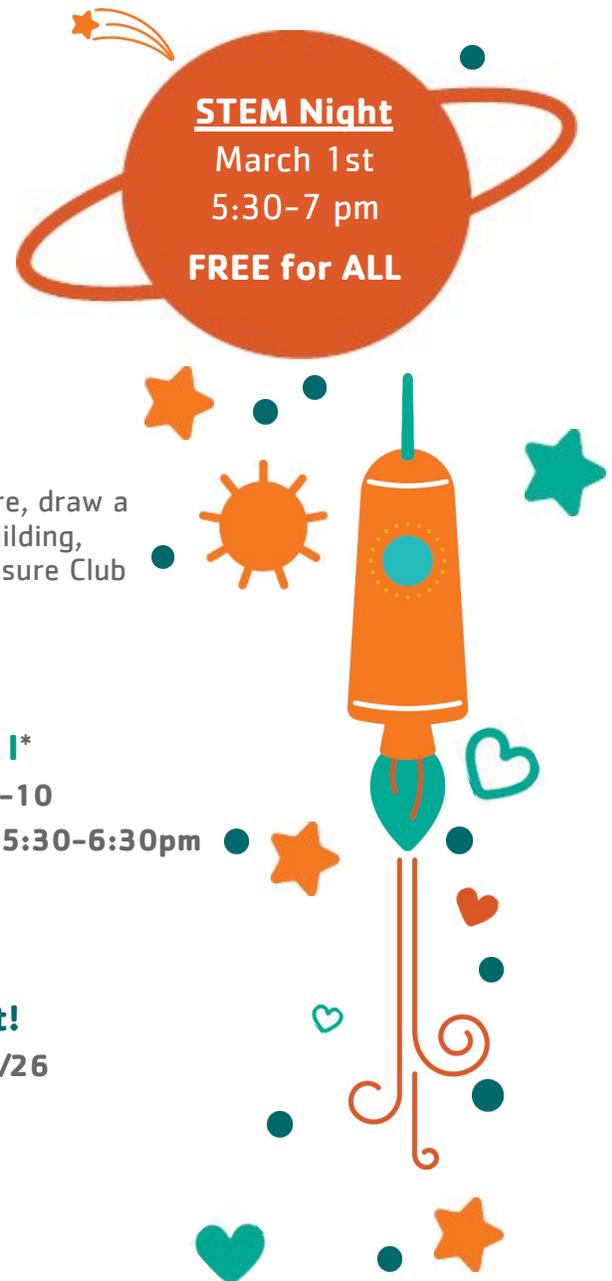
Kids Night Out!

Friday, 3/22 & 4/26

5:00-8:00 pm

\$30/first child

\$10/siblings



STEM Night

March 1st

5:30-7 pm

FREE for ALL

Registration opens 2/25. Session runs 3/17—5/18.