



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# BLOOM AT THE Y!

**YOUTH DEVELOPMENT PROGRAMS: May 26 – July 20**

Program registration opens 5/6. Swim lesson registration opens 5/13.

## Open Art Studio

Ages 3-10

Thursday, 10:00-10:45am

Let your inner artist shine! Create your own masterpieces at Open Art Studio



Don't miss...

**HEALTHY KIDS DAY!**

**Saturday  
April 27**  
EVENT IS FREE  
& OPEN TO THE  
PUBLIC

## Toddler Zumba

Ages 2-4

Thursday, 3:15-3:50pm

Calling all toddler twinkle toes! Come shimmy to Zumba-inspired songs.

## School Age Zumba

Ages 5-10

Thursday, 4:00-4:40pm

We'll get you moving and grooving in this Zumba class just for kids!



Continued on next page....

**Greater Portland Branch**  
YMCA OF SOUTHERN MAINE  
70 Forest Avenue, Portland, Maine 04101 | 207.874. 1111  
ymcaofsouthernmaine.org



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## SPRING II SESSION, CONTINUED...

### Karate I

Ages 4-6

Monday, 4:15-5:00pm

Martial arts training can help your child in many aspects of their life, including fitness, discipline, and team work.

### Karate II

Ages 7-10

Monday, 5:15-6:00pm

Each student is provided with the opportunity to seek their full potential and to improve awareness of their surroundings.

### Karate Open Studio

Ages 4-10

Monday, 6:15-7:00pm

Open Studio let's you work on your Karate skills in a more relaxed environment.

### Program Costs (unless otherwise noted):

\$35 w/ family membership

\$73 individual membership

\$125 community

**Registration opens May 6. Session runs May 26 - July 20**

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FOR ALL

Ask us about our  
Financial Assistance  
program

