



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# WINTER I SWIM LESSON SCHEDULE

January 14th, 2019 - March 16th, 2019

## Class Name, Date and Time

**Monday      Tuesday      Wednesday      Thursday      Friday      Saturday      Sunday**

**Registration Begins: Thursday, January 3rd at 5:00am | Minimum 3 per class for the class to run**  
Questions? Please call 874-1111 ext 109 or email [datherton@ymcaofsouthernmaine.org](mailto:datherton@ymcaofsouthernmaine.org)  
Cost: A \$20 fee with Family Membership or \$73 for Youth Program and Youth Members **One Class/Session/Child**

**Shrimp/Kipper/Inia/Perch**  
(6 months - 36 months with parent)  
I-Pool

4:00p to 4:30p

10:00a to 10:30a

10:00a to 10:30a  
4:00p to 4:30p

9:00a to 9:30a  
10:00a to 10:30a  
11:00a to 11:30a

**Pike**  
(3 -5: Beginners)  
I-Pool

4:30p to 5:00p

10:30a to 11:00a

10:30a to 11:00a  
4:30p to 5:00p

9:30a to 10:00a  
10:00a to 10:30a  
10:30a to 11:00a  
11:30a to 12:00p

**Eel**  
(3 - 5: Advancing from Pike)  
I-Pool

5:00p to 5:30p

4:00p to 4:30p

11:00a to 11:30a  
5:00p to 5:30p

9:00a to 9:30a  
10:30a to 11:00a

**Ray**  
(3 - 5: Advancing from Eel)  
I-Pool

4:30p to 5:00p

9:30a to 10:00a  
11:00a to 11:30a

**Starfish**  
(3 - 5: Advancing from Ray)  
I-Pool

5:00p to 5:30p

**Polliwog I**  
(6 and up: Beginners)  
I-Pool

4:00p to 4:45p

4:00p to 4:45p

9:00a to 9:45a  
10:30a to 11:15a

**Polliwog II**  
(6 and up: Advancing from Polliwog I)  
I-Pool

4:45p to 5:30p

4:45p to 5:30p

9:45a to 10:30a  
11:15a to 12:00p

**Guppy**  
(6 and up: Advancing from Polliwog II or Starfish)  
Malcolm Pool

4:00p to 4:45p

4:00p to 4:45p

4:00p to 4:45p

4:00p to 4:45p

9:00a to 9:45a

**Minnow**  
(6 and up: Advancing from Guppy)  
Malcolm Pool

4:45p to 5:30p

4:45p to 5:30p

9:45a to 10:30a

**Fish**  
(6 and up: Advancing from Minnow)  
Malcolm Pool

4:45p to 5:30p

10:30a to 11:15a

**Flying Fish & Shark**  
(6 and up: Advancing from Fish)  
Malcolm Pool

4:45p to 5:30p

12:15a to 12:00p

**Youth Private Lessons**  
(3-5,6-13:)  
I-Pool, Malcolm Pool

5:30p to 6:00p

8:30a to 9:00a

**Greater Portland Branch  
YMCA OF SOUTHERN MAINE**  
70 Forest Ave, Portland, ME 04101  
P 207 874 1111 [ymcaofsouthernmaine.org](http://ymcaofsouthernmaine.org)