



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SPRING INTO FUN

Nurturing the potential of every child and teen. Financial assistance is available, please ask.

SPRING I YOUTH DEVELOPMENT PROGRAMS,

Registration opens 2/25. Swim lesson registration opens 3/4.
Session runs 3/17—5/18.

Karate

Karate I (Ages 4-6) Mondays, 4:15-5:00pm

Karate II (Ages 7-10) Mondays, 5:15-6:00pm

Open Studio (Ages 4-7) Mondays, 6:15-7:00pm

Open to multiple ages! Come join us and learn some fun, valuable martial art skills, including respect, hard work, and dedication!

Family Yoga

Ages 1-5

Thursdays, 10:00-10:30am

Learn and grow together as a family! This class will help you learn new, creative ways to move your bodies!

Mini Monets

Ages 4-10

Tuesdays, 6:00-6:45pm

Come have creative fun with us as we explore some art fundamentals.

Program Costs

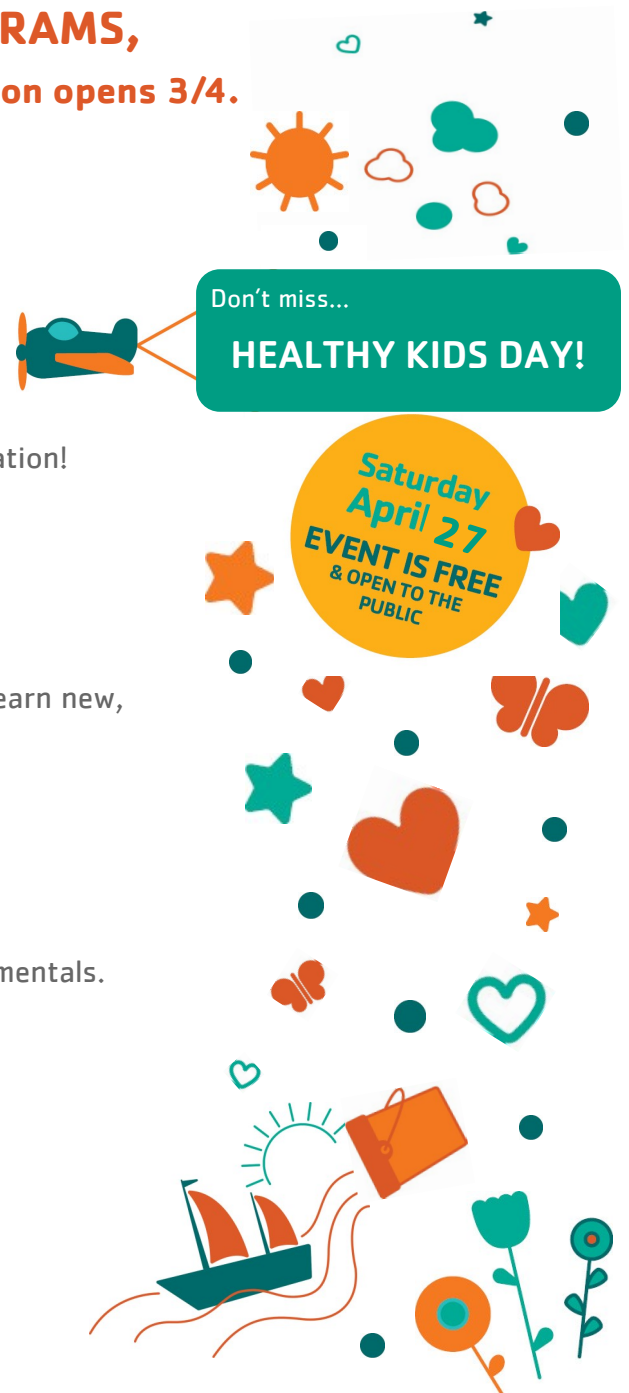
\$35 w/ family membership

\$73 individual membership

\$125 community

**Greater Portland Branch
YMCA of Southern Maine**

70 Forest Avenue, Portland Maine 04101 | 207.874.1111
ymcaofsouthernmaine.org





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SPRING SESSION, CONTINUED...

Zumba!

Toddler Zumba! Ages 3-5 Thursdays, 3:15-3:50pm

School Age Zumba Ages 6-12 Thursdays 4:00-4:40pm

Love to be active, and dance? Come join us for a fun way to workout and get moving!

Kids Night Out!

Ages 6-12

Thursdays, 6:00-8:45pm

- March 7th
- April 4th
- May 2nd

\$30/first child, \$10/siblings

Parents, need a night out? Bring your kids to the Y for a, safe, fun night full of activities! The evening will hold lots of exciting activities, including arts and crafts. Please come ready to get messy. Ages 4+. Financial assistance available!

Don't miss Vacation Camp!

February 18—22: Enjoy a preview of summer camp "As Seasons Change!"

April 15—19: Summer camp comes early!

Plus we offer child care for in school service days! See website for pricing.

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