



GREATER PORTLAND BRANCH - POOL SCHEDULE

Weekly Schedule / October 19, 2026 - October 25, 2026 / Contact: Caitlin Avelis - cavelis@ymcaofsouthernmaine.org

BRANCH HOURS

Monday - Friday: 6:00am - 8:00pm
Saturday: 8:00am - 4:00pm
Sunday: 9:00am - 2:00pm

MONDAY 10/19		TUESDAY 10/20		WEDNESDAY 10/21		THURSDAY 10/22		FRIDAY 10/23		SATURDAY 10/24		SUNDAY 10/25	
Open Lanes	6:00am - 12:00pm 6 Lanes	6:00am - 6:45am 6 Lanes	6:00am - 12:00pm 6 Lanes	6:00am - 6:45am 6 Lanes	6:00am - 12:00pm 6 Lanes	8:00am - 3:45pm 4 Lanes	9:00am - 1:45pm 4 Lanes						
	12:00pm - 1:00pm 4 Lanes	6:45am - 7:30am 4 Lanes	12:00pm - 1:00pm 4 Lanes	6:45am - 7:30am 4 Lanes	12:00pm - 1:00pm 4 Lanes								
	1:00pm - 3:50pm 6 Lanes	7:30am - 9:15am 6 Lanes	1:00pm - 5:30pm 6 Lanes	7:30am - 12:00pm 6 Lanes	1:00pm - 7:45pm 6 Lanes								
	3:50pm - 5:30pm 4 Lanes	9:15am - 10:00am 4 Lanes	5:30pm - 7:00pm 3 Lanes	12:00pm - 1:00pm 4 Lanes									
	5:30 pm - 7:00pm 1 Lane	10:00am - 12:00pm 6 Lanes	7:00pm - 7:45pm 5 Lanes	1:00pm - 4:30pm 6 Lanes									
	7:00pm - 7:45pm 3 Lanes	12:00pm - 1:00pm 4 Lanes			4:30pm - 5:30pm 3 Lanes								
		1:00pm - 4:30pm 6 Lanes			5:30pm - 7:45pm 3 Lanes								
		4:30pm - 5:30pm 3 Lanes											
		5:30pm - 7:45pm 4 Lanes											
MONDAY 10/19		TUESDAY 10/20		WEDNESDAY 10/21		THURSDAY 10/22		FRIDAY 10/23		SATURDAY 10/24		SUNDAY 10/25	
Aquatics Programs	12:00pm - 1:00pm Masters Workout	6:45am - 7:30am Dual Depth Aerobics with Hattie	12:00pm - 1:00pm Masters Workout	6:45am - 7:30am Aqua Zumba with Hattie	12:00pm - 1:00pm Masters Workout	8:00am - 12:00pm Swim Lessons	9:00am - 10:00am Adult Group Swim with Joanne						
	3:50pm - 7:45pm Swim Lessons	9:15am - 10:00am AquaFit Intervals with Mel	5:30pm - 7:30pm Portland Porpoise Swim Club	12:00pm - 1:00pm Masters Workout			12:00pm - 2:45pm Family Swim	10:00am - 1:45pm Family Swim					
	5:30pm - 7:30pm Portland Porpoise Swim Club	12:00pm - 1:00pm Masters Workout			4:30pm - 5:30pm Y Swim Club			2:45pm - 3:45pm Swim Lessons					
		4:30pm - 5:30pm Y Swim Club			4:30pm - 7:30pm Portland Porpoise Swim Club								
		4:30pm - 7:45pm Portland Porpoise Swim Club											
Pool schedules may be subject to change at any time. / Greater Portland Branch / 70 Forest Avenue, Portland, ME 04101 / 207-874-1111												Created: 10/16/26	

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