GREATER PORTLAND BRANCH - POOL SCHEDULE

Weekly Schedule / **November 16-22, 2026** / **Contact:** Caitlin Avelis - cavelis@ymcaofsouthernmaine.org

BRANCH HOURS
Monday - Friday: 6:00am - 8:00pm
Saturday: 8:00am - 4:00pm
Sunday: 9:00am - 2:00pm

	MONDAY 11/16	TUESDAY 11/17	WEDNESDAY 11/18	THURSDAY 11/19	FRIDAY 11/20	SATURDAY 11/21	SUNDAY 11/22
Open Lanes	**6:00am - 12:00pm** 6 Lanes	**6:00am - 6:45am** 6 Lanes	**6:00am - 12:00pm** 6 Lanes	**6:00am - 6:45am** 6 Lanes	**6:00am - 12:00pm** 6 Lanes	**8:30am - 11:00am** 4 Lanes	**9:00am - 1:45pm** 4 Lanes
	12:00pm - 1:00pm 4 Lanes	**6:45am - 7:30am** 4 Lanes	**12:00pm - 1:00pm** 4 Lanes	**6:45am - 7:30am** 4 Lanes	**12:00pm - 1:00pm** 4 Lanes	**11:00am - 12:00pm** 6 Lanes	
	1:00pm - 2:00pm 6 Lanes	**7:30am - 9:15am** 6 Lanes	**1:00pm - 7:45pm** 6 Lanes	**7:30am - 12:00pm** 6 Lanes	**1:00pm - 2:00pm** 6 Lanes	**12:00pm - 3:30pm** 4 Lanes	
	2:00pm - 3:00pm 3 Lanes	**9:15am - 10:00am** 4 Lanes	**5:30pm - 7:00pm** 3 Lanes	**12:00pm - 1:00pm** 4 Lanes	**2:00pm - 3:00pm** 3 Lanes		
	3:00 pm - 4:10pm 6 Lane	**10:00am - 12:00pm** 6 Lanes	**7:00pm - 7:45pm** 5 Lanes	**1:00pm - 2:00pm** 6 Lanes	**3:00pm - 7:45pm** 6 Lanes		
	4:10pm - 5:30pm 4 Lanes	**12:00pm - 1:00pm** 4 Lanes		**2:00pm - 3:00pm** 3 Lanes			
	5:30pm - 7:00pm 1 Lane	**1:00pm - 2:00pm** 6 Lanes		**3:00pm - 4:30pm** 6 Lanes			
	7:00pm - 7:45pm 3 Lanes	**2:00pm - 3:00pm** 3 Lanes		**4:30pm - 5:30pm** 3 Lanes			
		3:00pm - 4:30pm 6 Lanes		**5:30pm - 7:45pm** 3 Lanes			
		4:30pm - 5:30pm 3 Lanes					
		5:30pm - 7:45pm 4 Lanes					

	MONDAY 11/16	TUESDAY 11/17	WEDNESDAY 11/18	THURSDAY 11/19	FRIDAY 11/20	SATURDAY 11/21	SUNDAY 11/22
Aquatics Programs	**12:00pm - 1:00pm** Masters Workout	**6:45am - 7:30am** Dual Depth Aerobics with Hattie	**12:00pm - 1:00pm** Masters Workout	**6:45am - 7:30am** Aqua Zumba with Hattie	**12:00pm - 1:00pm** Masters Workout	**8:30am - 11:00am** Swim Lessons	**9:00am - 10:00am** Adult Group Swim with Joanne
	2:00pm - 3:00pm Waynefleet Middle	**9:15am - 10:00am** Aquafit Intervals with Mel	**5:30pm - 7:30pm** Portland Porpoise Swim Club	**12:00pm - 1:00pm** Masters Workout	**2:00pm - 3:00pm** Waynefleet Middle	**12:00pm - 3:30pm** Swim Lessons	**10:00am - 1:45pm** Family Swim
	4:10pm - 7:45pm Swim Lessons	**12:00pm - 1:00pm** Masters Workout		**2:00pm - 3:00pm** Waynefleet Middle			
	5:30pm - 7:30pm Portland Porpoise Swim Club	**2:00pm - 3:00pm** Waynefleet Middle		**4:30pm - 5:30pm** Y Swim Club			
		4:30pm - 5:30pm Y Swim Club		**4:30pm - 7:30pm** Portland Porpoise Swim Club			
		4:30pm - 7:45pm Portland Porpoise Swim Club					