GREATER PORTLAND BRANCH - POOL SCHEDULE

Weekly Schedule / **November 2-8, 2026** / **Contact:** Caitlin Avelis - cavelis@ymcaofsouthernmaine.org

BRANCH HOURS
Monday - Friday: 6:00am - 8:00pm
Saturday: 8:00am - 4:00pm
Sunday: 9:00am - 2:00pm

	MONDAY 11/2	TUESDAY 11/3	WEDNESDAY 11/4	THURSDAY 11/5	FRIDAY 11/6	SATURDAY 11/7	SUNDAY 11/8
Open Lanes	**6:00am - 12:00pm** 6 Lanes	**6:00am - 6:45am** 6 Lanes	**6:00am - 12:00pm** 6 Lanes	**6:00am - 6:45am** 6 Lanes	**6:00am - 12:00pm** 6 Lanes	**8:00am - 12:00pm** 6 Lanes	**9:00am - 1:45pm** 4 Lanes
	12:00pm - 1:00pm 4 Lanes	**6:45am - 7:30am** 4 Lanes	**12:00pm - 1:00pm** 4 Lanes	**6:45am - 7:30am** 4 Lanes	**12:00pm - 1:00pm** 4 Lanes	**12:00pm - 3:45pm** 4 Lanes	
	1:00pm - 2:00pm 6 Lanes	**7:30am - 9:15am** 6 Lanes	**1:00pm - 5:30pm** 6 Lanes	**7:30am - 12:00pm** 6 Lanes	**1:00pm - 7:45pm** 6 Lanes		
	2:00pm - 3:00pm 3 Lanes	**9:15am - 10:00am** 4 Lanes	**5:30pm - 7:00pm** 3 Lanes	**12:00pm - 1:00pm** 4 Lanes			
	3:00 pm - 5:30pm 6 Lane	**10:00am - 12:00pm** 6 Lanes	**7:00pm - 7:45pm** 5 Lanes	**1:00pm - 2:00pm** 6 Lanes			
	5:30pm - 7:45pm 3 Lanes	**12:00pm - 1:00pm** 4 Lanes		**2:00pm - 3:00pm** 3 Lanes			
		2:00pm - 3:00pm 3 Lanes		**3:00pm - 4:30pm** 6 Lanes			
		3:00pm - 4:30pm 6 Lanes		**4:30pm - 5:30pm** 4 Lanes			
		4:30pm - 7:45pm 4 Lanes		**5:30pm - 7:45pm** 3 Lanes			

	MONDAY 11/2	TUESDAY 11/3	WEDNESDAY 11/4	THURSDAY 11/5	FRIDAY 11/6	SATURDAY 11/7	SUNDAY 11/8
Aquatics Programs	**12:00pm - 1:00pm** Masters Workout	**6:45am - 7:30am** Dual Depth Aerobics with Hattie	**12:00pm - 1:00pm** Masters Workout	**6:45am - 7:30am** Aqua Zumba with Hattie	**12:00pm - 1:00pm** Masters Workout	**12:00pm - 3:45pm** Family Swim	**9:00am - 10:00am** Adult Group Swim with Joanne
	2:00pm - 3:00pm Wayneflete Middle	**9:15am - 10:00am** Aquafit Intervals with Mel	**5:30pm - 7:30pm** Portland Porpoise Swim Club	**12:00pm - 1:00pm** Masters Workout			**10:00am - 1:45pm** Family Swim
	5:30pm - 7:30pm Portland Porpoise Swim Club	**12:00pm - 1:00pm** Masters Workout		**2:00pm - 3:00pm** Waynefleet Middle			
		2:00pm - 3:00pm Waynefleet Middle		**4:30pm - 7:45pm** Portland Porpoise Swim Club			
		4:30pm - 7:45pm Portland Porpoise Swim Club					