



NORTHERN YORK COUNTY BRANCH - POOL SCHEDULE

Weekly Schedule / October 5-11, 2026 / Contact: Rebecca Coache - rcoache@ymcaofsouthernmaine.org

BRANCH HOURS

Monday - Friday: 6:00am - 8:00pm

Saturday: 8:00am - 4:00pm

Sunday: 9:00am - 2:00pm

MONDAY 10/5		TUESDAY 10/6		WEDNESDAY 10/7		THURSDAY 10/8		FRIDAY 10/9		SATURDAY 10/10		SUNDAY 10/11	
Lap Lanes [Large Pool]	6:00am - 8:00am 6 Lap Lanes	6:00am - 8:00am 6 Lap Lanes	6:00am - 8:15am 6 Lap Lanes	6:00am - 8:00am 6 Lap Lanes	6:00am - 9:00am 6 Lap Lanes	8:00am - 10:00am 6 Lap Lanes	9:00am - 11:00am 6 Lap Lanes						
	10:00am - 12:00pm 6 Lap Lanes	10:00am - 12:00pm 6 Lap Lanes	8:30am - 9:30am 3 Lap Lanes	10:00am - 12:00pm 6 Lap Lanes									
	2:00pm - 4:00pm 6 Lap Lanes	7:00pm - 7:45pm 6 Lap Lanes	12:00pm - 2:00pm 6 Lap Lanes	6:00pm - 7:00pm 1 Lap Lane									
	4:00pm - 6:30pm 5 Lap Lanes		6:30pm - 7:45pm 4 Lap Lanes	7:00pm - 7:45pm 6 Lap Lanes									
	6:30pm - 7:45pm 3 Lap Lanes												
MONDAY 10/5		TUESDAY 10/6		WEDNESDAY 10/7		THURSDAY 10/8		FRIDAY 10/9		SATURDAY 10/10		SUNDAY 10/11	
Open Swim [Small Pool]	8:00am - 10:00am	8:00am - 10:00am	9:30am - 12:00pm	8:00am - 10:00am	9:00am - 11:00am	10:00am - 12:00pm	11:30am - 1:45pm						
	12:00pm - 2:00pm	12:00pm - 2:00pm	4:00pm - 6:30pm (Half Pool)	12:00pm - 2:00pm									
		4:30pm - 6:00pm (Half Pool)		4:00pm - 6:00pm (Half Pool)									
MONDAY 10/5		TUESDAY 10/6		WEDNESDAY 10/7		THURSDAY 10/8		FRIDAY 10/9		SATURDAY 10/10		SUNDAY 10/11	
Aquatics Programs [Large OR Small Pool]	4:00pm - 6:45pm: Swim Lessons (Large Pool)	4:00pm - 6:00pm Swim Lessons (Small Pool)	4:00pm - 6:30pm Swim Lessons (Small Pool)	4:00pm - 6:00pm Swim Lessons (Small Pool)	5:00pm - 8:00pm All Staff Branch Training								
	6:30pm - 7:30pm: Youth Swim Club (Large Pool)	6:00pm - 6:45pm: Swim Lessons (Large Pool)	6:30pm - 7:30pm Youth Swim Club (Large Pool)	6:00pm - 7:00pm Masters Swim Club Practice (Large Pool)									
		6:00pm - 7:00pm: Masters Swim Club Practice (Large Pool)											

