



NORTHERN YORK COUNTY BRANCH - POOL SCHEDULE

Weekly Schedule / September 14-20, 2026 / Contact: Rebecca Coache - rcoache@ymcaofsouthernmaine.org

BRANCH HOURS

Monday - Friday: 6:00am - 8:00pm
Saturday: 8:00am - 4:00pm
Sunday: 9:00am - 2:00pm

MONDAY 9/14		TUESDAY 9/15		WEDNESDAY 9/16		THURSDAY 9/17		FRIDAY 9/18		SATURDAY 9/19		SUNDAY 9/20	
Lap Lanes [Large Pool]	6:00am - 8:00am 6 Lap Lanes	10:00am - 12:00pm 6 Lap Lanes	6:30pm - 7:45pm 4 Lap Lanes	6:00am - 9:00am 6 Lap Lanes	6:00am - 8:00am 6 Lap Lanes	8:00am - 10:00am 3 Lap Lanes	9:00am - 11:00am 6 Lap Lanes						
	4:00pm - 6:30pm 5 Lap Lanes	7:00pm - 7:45pm 6 Lap Lanes		10:00am - 12:00pm 6 Lap Lanes	4:00pm - 7:45pm 3 Lap Lanes								
	6:30pm - 7:45pm 3 Lap Lanes			6:00pm - 7:00pm 1 Lap Lane									
				7:00pm - 7:45pm 6 Lap Lanes									
MONDAY 9/14		TUESDAY 9/15		WEDNESDAY 9/16		THURSDAY 9/17		FRIDAY 9/18		SATURDAY 9/19		SUNDAY 9/20	
Open Swim [Small Pool]	8:00am - 10:00am	12:00pm - 2:00pm	4:00pm - 6:30pm (Half Pool)	12:00pm - 2:00pm	8:00am - 10:00am	10:00am - 12:00pm	11:30am - 1:45pm						
		4:30pm - 6:00pm (Half Pool)		4:00pm - 6:00pm (Half Pool)									
MONDAY 9/14		TUESDAY 9/15		WEDNESDAY 9/16		THURSDAY 9/17		FRIDAY 9/18		SATURDAY 9/19		SUNDAY 9/20	
Aquatics Programs [Large OR Small Pool]	4:00pm - 6:45pm Swim Lessons (Large Pool)	4:00pm - 6:00pm Swim Lessons (Small Pool)	4:00pm - 6:30pm Swim Lessons (Small Pool)	4:00pm - 6:00pm Swim Lessons (Small Pool)	4:00pm - 7:45pm Lifeguard Certification Course (Large Pool)	8:00am - 3:45pm Lifeguard Certification Course (Large Pool)	8:00am - 1:45pm Lifeguard Certification Course (Large Pool)						
	6:30pm - 7:30pm: Youth Swim Club (Large Pool)	6:00pm - 6:45pm: Swim Lessons (Large Pool)	6:30pm - 7:30pm Youth Swim Club (Large Pool)	4:00pm - 7:45pm Lifeguard Certification Course (Large Pool)									
		6:00pm - 7:00pm: Masters Swim Club Practice (Large Pool)		6:00pm - 7:00pm Masters Swim Club Practice (Large Pool)									