



SESSION CLASS SCHEDULE – APRIL

April 6 – May 3, 2026

SIGN UP ONLINE AT: <https://www.ymcaofsouthernmaine.org/main/online-registration>

IMPORTANT NOTES:

- Registration required
- **Registration OPENS: MARCH 23, 2026**
- **Registration CLOSES: APRIL 1, 2026**
- Members may sign up for classes at any branch

GREATER PORTLAND BRANCH | DATES: APRIL 6 – MAY 3, 2026

REGISTRATION CLOSES: APRIL 1, 2026

CLASS/ DESCRIPTION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>DUNGEONS & DRAGONS</p> <p>.....</p> <p>Ages 9-17 Years</p> <hr/> <p>Come and play Dungeons and Dragons at the YMCA! Whether you've played before, or are entirely new to the game, there will be plenty of goblins to fight and adventures to be had!</p>			<p>WEDNESDAYS</p> <p>DATE: APRIL 8, 15, 22 & 29</p> <p>TIME: 5:00pm-6:00pm</p>				
<p>PARENT AND ME TUMBLING CLASS</p> <p>.....</p> <p>Ages 18-36 Months</p> <hr/> <p>Join us for our four-week Parent and Me tumbling Class! Designed for ages 18-36 months, this 30-minute class will include fun games and activities to introduce little ones to tumbling with their parent! The class will be held in the Youth Development room. Come tumble, stretch, and play with us!</p>				<p>THURSDAYS</p> <p>DATE: APRIL 9, 16, 23 & 30</p> <p>TIME: 4:45pm-5:15pm</p>			

**PRE-K
GYMNASTICS CLASS**

Ages 3-5 Years

Join us for our four-week Beginner Preschool Gymnastics Class! Designed for ages 3-5, this 45-minute class will include an introduction to vault, bars, beam, and floor! The class will be held in the Youth Development room, and we ask that parents stay while the class runs. Come tumble, stretch, and play with us!

THURSDAYS

**DATE:
APRIL 9, 16,
23 & 30**

**TIME:
5:30pm-6:30pm**

KIDS NIGHT OUT

Ages 4-12 Years

Needing a date night? Bring your kids to the Greater Portland Branch where they can play, create, and have fun with our experienced staff so you can have the night off!

FRIDAY

**DATE:
APRIL 17
(Only)**

**TIME:
5:30pm-7:30pm**
(Participants must be potty trained.)

FAMILY YOGA

Ages 3+

Join us for family yoga at the Greater Portland Branch to grow flexibility, balance, and strength in those of all ages!

SATURDAYS

**DATE:
APRIL 11, 18, 25
& MAY 2**

**TIME:
10:45-11:30am**

CLASS/ DESCRIPTION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>EGG CARTON CATERpillARS Ages 0-8 Years</p> <hr/> <p>Bring a caterpillar to life using egg cartons, pipe cleaners, and paint. For children ages 5 and under, we ask that a guardian accompany them for this program.</p>	<p>MONDAY</p> <p>DATES: APRIL 13 (Only)</p> <p>TIME: 4:00pm - 5:00pm</p>						
<p>PAINT A TOTE BAG Ages 0-12 Years</p> <hr/> <p>Paint a new tote bag for the spring using materials gathered from nature. One tote bag per child. For children ages 5 and under, we ask that a guardian accompany them for this program.</p>	<p>MONDAY</p> <p>DATES: APRIL 20 (Only)</p> <p>TIME: 4:00pm - 5:00pm</p>						
<p>BEADED FLOWER CRAFT Ages 4-10 Years</p> <hr/> <p>Jump into spring and join us to create beaded pipe cleaner flowers! For children ages 5 and under, we ask that a guardian accompany them for this program.</p>	<p>MONDAY</p> <p>DATES: APRIL 27 (Only)</p> <p>TIME: 4:00pm - 5:00pm</p>						

DUNGEONS & DRAGONS

Ages 9-17 Years

Come and play Dungeons and Dragons at the YMCA! Whether you've played before, or are entirely new to the game, there will be plenty of goblins to fight and adventures to be had!

TUESDAYS

DATES:

**APRIL 7, 14,
21 & 28**

TIME:

5:30pm - 6:30pm

THURSDAYS

DATES:

**APRIL 9, 16,
23 & 30**

TIME:

5:30pm - 6:30pm