



# SESSION CLASS SCHEDULE – February

## February 2 – March 1, 2026

SIGN UP ONLINE AT: <https://www.ymcaofsouthernmaine.org/main/online-registration>

### IMPORTANT NOTES:

- Registration required
- **Registration OPENS: JANUARY 19, 2026**
- **Registration CLOSES: JANUARY 28, 2026**
- Members may sign up for classes at any branch

| CASCO BAY BRANCH   DATES: FEBRUARY 2 – MARCH 1, 2026   |        |         |   |  | REGISTRATION CLOSES: JANUARY 28, 2026 |          |        |
|--|--------|---------|---|--|---------------------------------------|----------|--------|
| CLASS/<br>DESCRIPTION  | MONDAY | TUESDAY | WEDNESDAY   | THURSDAY   | FRIDAY                                | SATURDAY | SUNDAY |
| <b>WEDNESDAY NIGHT CRAFT CIRCLE</b><br><br>Join us on Wednesday evenings at 4:00p.m. for our Adult Craft Circle! Bring your works-in-progress—whether it’s crocheting, quilting, drawing, knitting, needlework, or any other creative project—and enjoy a relaxed space to create, chat, and connect with fellow crafters. |        |         | <b>WEDNESDAYS</b><br><br><b>DATES:</b><br>FEBRUARY 4, 11, 18 & 25<br><br><b>TIME:</b><br>4:00pm<br><br>No registration required just drop-in! |  |                                       |          |        |
| <b>CARDS AND COFFEE</b><br><br>Join us on Thursday mornings at 8:00 a.m. for a relaxing start to the day, complete with great company, hot coffee, and card games. Come connect with the community—cards will be provided!   |        |         |   | <b>THURSDAYS</b><br><br><b>DATES:</b><br>FEBRUARY 5, 12, 19 & 26<br><br><b>TIME:</b><br>8:00am<br><br>No registration required just drop-in! |                                       |          |        |

## PRESCHOOL TUMBLING CLASS

## Ages 3-5 Years

Join us for our four-week  
Preschool Tumbling Class,  
starting this week! Designed  
for ages 3–5, this **40 minute**  
class takes place on  
Saturdays and will be held in  
the PlaySpace. We ask that a  
parent or guardian stay and  
participate alongside their  
child for a fun and supportive  
experience. **This program  
is free for Household  
Memberships.** Come tumble,  
stretch, and play with us!

## YOUTH TUMBLING CLASS

## Ages 6-7 Years

Join us for our four-week Youth Tumbling Class for ages 6–7! This **45 minute** class takes place on Saturdays and will be held in the PlaySpace. Parents and guardians are asked to remain in the building, but are welcome to use the facility while their children participate. **This program is free for Household Memberships.** We hope to see you there!

## SATURDAYS

**DATES:**

**FEBRUARY 7, 14,  
21 & 28**

**TIME:**

**10:00am-10:40am**

## SATURDAYS

## DATES:

**FEBRUARY 7, 14,  
21 & 28**

**TIME:**

**11:00am-11:45am**

| Greater Portland Branch   Dates: February 2 – March 1, 2026   |        |         |           |  | Registration Closes: January 28, 2026  |  |        |
|---|--------|---------|-----------|--|--|--|--------|
| Class/<br>Description   | Monday | Tuesday | Wednesday | Thursday   | Friday   | Saturday   | Sunday |
| <b>STEM Inventors</b><br>Ages 5–12 Years<br>Join us for STEM Inventors where each week will focus on a new project, from legos to slime! Kids will use their critical thinking skills and creativity to complete fun STEM activities! |        |         |           | <b>THURSDAYS</b><br><br><b>DATE:</b><br><b>FEBRUARY 5, 12, 19 &amp; 26</b><br><br><b>TIME:</b><br><b>5:00pm–6:00pm</b> |  |  |        |
| <b>KIDS NIGHT OUT</b><br>Ages 4–12 Years<br>Needing a date night? Bring your kids to the Greater Portland Branch where they can play, create, and have fun with our experienced staff so you can have the night off!                  |        |         |           |  | <b>FRIDAY</b><br><br><b>DATE:</b><br><b>FEBRUARY 13</b><br>(Only)<br><br><b>TIME:</b><br><b>5:30pm–7:30pm</b><br>(Participants must be potty trained.) |  |        |
| <b>FAMILY YOGA</b><br>Ages 3+<br>Join us for family yoga at the Greater Portland Branch to grow flexibility, balance, and strength in those of all ages!  |        |         |           |  |  | <b>SATURDAYS</b><br><br><b>DATE:</b><br><b>FEBRUARY 7, 14, 21 &amp; 28</b><br><br><b>TIME:</b><br><b>10:45–11:30am</b> |        |

| NORTHERN YORK COUNTY BRANCH   DATES: FEBRUARY 2 – MARCH 1, 2026  |        |         |           |   | REGISTRATION CLOSES: JANUARY 28, 2026   |          |        |
|--|--------|---------|-----------|---|---|----------|--------|
| CLASS/<br>DESCRIPTION  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY  | FRIDAY  | SATURDAY | SUNDAY |
| <b>FAMILY STORYTIME</b><br><hr/> <b>All Ages</b><br><hr/> Enjoy a weekly storytime with your family. Drop in for one story or stay as long as you like!!   |        |         |           | <b>THURSDAYS</b><br><br><b>DATES:</b><br>FEBRUARY 5, 12, 19 & 26<br><br><b>TIME:</b><br>3:00pm – 3:45pm |   |          |        |
| <b>DUNGEONS &amp; DRAGONS</b><br><hr/> <b>Ages 9–17 Years</b><br><hr/> Come and play Dungeons and Dragons at the YMCA! Whether you’ve played before, or are entirely new to the game, there will be plenty of goblins to fight and adventures to be had! |        |         |           | <b>THURSDAYS</b><br><br><b>DATES:</b><br>FEBRUARY 5, 12, 19 & 26<br><br><b>TIME:</b><br>5:30pm – 6:30pm |   |          |        |
| <b>CLAY CRAFTS</b><br><hr/> <b>Ages 3–12 Years</b><br><hr/> Sign up for our four week clay series where we build creations out of air dry clay then paint or color them once they are dry!   |        |         |           |   | <b>FRIDAYS</b><br><br><b>DATES:</b><br>FEBRUARY 6, 13, 20 & 27<br><br><b>TIME:</b><br>5:00pm – 6:00pm |          |        |

|  |  |  |  |  |  |  |  |
|--|--|--|--|--|--|--|--|
| <div>VALENTINE’S CARD CREATIONS</div> <div>Come create your own Valentine’s cards and crafts with us! The whole family can get creative with paper, glitter, stickers, and other materials to make one of a kind crafts.</div> |  |  |  |  |  | <div>SATURDAY</div> <div>DATE:<br/>FEBRUARY 7<br/>(Only)</div> <div>TIME:<br/>10:00am–11:00am</div>  |  |
| <div>PERLER BEAD PARTY</div> <div>Ages 4–12 Years</div> <div>Join us for some whole family fun to make your own Perler bead creations to keep!</div>   |  |  |  |  |  | <div>SATURDAY</div> <div>DATE:<br/>FEBRUARY 21<br/>(Only)</div> <div>TIME:<br/>10:00am–11:00am</div> |  |