



SESSION CLASS SCHEDULE – MARCH

March 9 – April 5, 2026

SIGN UP ONLINE AT: <https://www.ymcaofsouthernmaine.org/main/online-registration>

IMPORTANT NOTES:

- Registration required
- **Registration OPENS: FEBRUARY 23, 2026**
- **Registration CLOSES: MARCH 4, 2026**
- Members may sign up for classes at any branch

CASCO BAY BRANCH DATES: MARCH 9 – APRIL 5, 2026					REGISTRATION CLOSES: MARCH 4, 2026		
CLASS/ DESCRIPTION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>PRESCHOOL TUMBLING CLASS Ages 3–5 Years</p> <hr/> <p>Join us for our four-week Beginner Preschool Tumbling Class, starting this week! Designed for ages 3–5, this 45-minute class takes place on Saturdays and will be held in the PlaySpace. We ask that a parent or guardian stay and participate alongside their child for a fun and supportive experience. Come tumble, stretch, and play with us!</p>						<p>SATURDAYS</p> <p>DATES: MARCH 14, 21, 28 & APRIL 4</p> <p>TIME: 10:00am–10:45am</p>	

<div><div>YOUTH TUMBLING CLASS</div><div>Ages 6–7 Years</div></div> <div>Join us for our four-week Youth Tumbling Class for ages 6–7! This 45-minute class takes place on Saturdays and will be held in the PlaySpace. Parents and guardians are asked to remain in the building, but are welcome to use the facility while their children participate. We hope to see you there!</div>						<div>SATURDAYS</div> <div>DATES: MARCH 14, 21, 28 & APRIL 4</div> <div>TIME: 11:00am–11:45am</div>	
GREATER PORTLAND BRANCH DATES: MARCH 9 – APRIL 5, 2026					REGISTRATION CLOSES: MARCH 4, 2026		
CLASS/ DESCRIPTION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<div><div>PARENT AND ME TUMBLING CLASS</div><div>Ages 18–36 Months</div></div> <div>Join us for our four-week Parent and Me tumbling Class! Designed for ages 18–36 months, this 30-minute class will include fun games and activities to introduce little ones to tumbling with their parent! The class will be held in the Youth Development room. Come tumble, stretch, and play with us!</div>		<div>TUESDAYS</div> <div>DATE: MARCH 10, 17, 24 & 31</div> <div>TIME: 4:45pm–5:15pm</div>					

<div><div>PRE-K GYMNASTICS CLASS</div><div>Ages 3–5 Years</div><div>Join us for our four-week Beginner Preschool Gymnastics Class! Designed for ages 3–5, this 45-minute class will include an introduction to vault, bars, beam, and floor! The class will be held in the Youth Development room, and we ask that parents stay while the class runs. Come tumble, stretch, and play with us!</div></div>		<div>TUESDAYS</div> <div>DATE: MARCH 10, 17, 24 & 31</div> <div>TIME: 5:30pm–6:30pm</div>					
<div><div>DUNGEONS & DRAGONS</div><div>Ages 9–17 Years</div><div>Come and play Dungeons and Dragons at the YMCA! Whether you’ve played before, or are entirely new to the game, there will be plenty of goblins to fight and adventures to be had!</div></div>			<div>WEDNESDAYS</div> <div>DATE: MARCH 11, 18, 25 & APRIL 1</div> <div>TIME: 5:00pm–6:00pm</div>				
<div><div>KIDS NIGHT OUT</div><div>Ages 4–12 Years</div><div>Needing a date night? Bring your kids to the Greater Portland Branch where they can play, create, and have fun with our experienced staff so you can have the night off!</div></div>					<div>FRIDAY</div> <div>DATE: MARCH 20 (Only)</div> <div>TIME: 5:30pm–7:30pm</div> <div>(Participants must be potty trained.)</div>		

<p>FAMILY YOGA</p> <p>Ages 3+</p> <p>Join us for family yoga at the Greater Portland Branch to grow flexibility, balance, and strength in those of all ages!</p>						<p>SATURDAYS</p> <p>DATE: MARCH 14, 21, 28 & APRIL 4</p> <p>TIME: 10:45-11:30am</p>	
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NORTHERN YORK COUNTY BRANCH DATES: MARCH 9 – APRIL 5, 2026						REGISTRATION CLOSES: MARCH 4, 2026	
CLASS/ DESCRIPTION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>LUCKY LEPRECHAUN CRAFT</p> <p>Ages 2–8 Years</p> <p>Decorate Leprechaun Lookers and use them to find hidden leprechauns around the Y! This program is designed for the whole family to enjoy.</p>	<p>MONDAY</p> <p>DATES: MARCH 16 (Only)</p> <p>TIME: 4:00pm – 5:00pm</p>						
<p>SUNCATCHER CRAFT</p> <p>All Ages</p> <p>Bring some color into your home with a suncatcher to shine in the window! This program is designed for the whole family to enjoy.</p>	<p>MONDAY</p> <p>DATES: MARCH 30 (Only)</p> <p>TIME: 5:00pm – 6:00pm</p>						

<div> <div>DUNGEONS & DRAGONS</div> <div>Ages 9–17 Years</div> <div> <p>Come and play Dungeons and Dragons at the YMCA! Whether you’ve played before, or are entirely new to the game, there will be plenty of goblins to fight and adventures to be had!</p> </div> </div>		<div> <div>TUESDAYS</div> <div> <div>DATES:</div> <div>MARCH 10, 17, 24 & 31</div> <div>TIME:</div> <div>5:30pm – 6:30pm</div> </div> </div>		<div> <div>THURSDAYS</div> <div> <div>DATES:</div> <div>MARCH 12, 19, 26 & APRIL 2</div> <div>TIME:</div> <div>5:30pm – 6:30pm</div> </div> </div>			
<div> <div>STEM INVENTORS</div> <div>Ages 7–12 Years</div> <div> <p>Put your engineering skills to the test: launch catapults, make slime, and more! Register for our STEM series for hands-on activities and challenges.</p> </div> </div>					<div> <div>FRIDAYS</div> <div> <div>DATES:</div> <div>MARCH 13, 20, 27 & APRIL 3</div> <div>TIME:</div> <div>5:00pm – 6:00pm</div> </div> </div>		
<div> <div>PAPER TOWEL TUBE ANIMALS</div> <div>All Ages</div> <div> <p>Turn everyday materials into adorable animals! We will use paper towel tubes, paper, and imagination to create animals to take home. For children ages 5 and under, we ask that a guardian accompany them for this program.</p> </div> </div>						<div> <div>SATURDAY</div> <div> <div>DATE:</div> <div>MARCH 14 (Only)</div> <div>TIME:</div> <div>9:00am– 10:00am</div> </div> </div>	

<div>BEADING AND BRACELET MAKING</div> <div>Ages 4-15 Years</div> <div>Get creative with beads, loom bands, and other fun materials to make bracelets, necklaces, and keychains to take home. For children ages 5 and under, we ask that a guardian accompany them for this program.</div>						<div>SATURDAY</div> <div>DATE: MARCH 14 (Only)</div> <div>TIME: 10:30am-11:30am</div>	
<div>SPRING WOODEN CRAFTS</div> <div>All Ages</div> <div>Decorate wooden spring crafts to hang in your home or outside! Options include wooden insect ornaments and small wooden bird houses. For children ages 5 and under, we ask that a guardian accompany them for this program.</div>						<div>SATURDAY</div> <div>DATE: MARCH 21 (Only)</div> <div>TIME: 9:00am-10:00am</div>	
<div>PIPE CLEANER FLOWERS</div> <div>All Ages</div> <div>Celebrate spring by designing bright, cheerful flowers using pipe cleaners and other craft supplies. For children ages 5 and under, we ask that a guardian accompany them for this program.</div>						<div>SATURDAY</div> <div>DATE: MARCH 21 (Only)</div> <div>TIME: 10:30am-11:30am</div>	