



# CAMP HEARTWOOD NATURE PROGRAM 2026 GREAT SUMMERS START HERE!

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### CAMP INFORMATION:

**DATES:** June 15 – August 21  
(No Camp – Juneteenth, Friday June 19)

**HOURS:** Monday-Friday from 9:30am – 3:30pm

**EXTENDED CARE:** Extended care is provided at no additional charge each day from 8:00am-9:30am and 3:30pm-5:30pm.

**AGES:** 5-12 years old

**RATE:** \$335  
per child  
per week

FINANCIAL  
ASSISTANCE  
IS AVAILABLE!  
Apply By  
May 15th

### THE CAMP HEARTWOOD EXPERIENCE

A nature-based program where campers explore the outdoors, rain or shine! Come enjoy our 26 acres of land for a one-of-a-kind summer experience!

### ACTIVITIES:

Hiking trails, nature exploration and activities, sports and games, swimming 3x per week, reading and craft times.

### FIND US AT:

**CAMP HEARTWOOD NATURE PROGRAM**  
3 Pomerleau Street Biddeford, ME 04005

### CAMP DIRECTOR:

Brenda Hamilton  
207-283-0100 ext 404  
bhamilton@ymcaofsouthernmaine.org



# CAMP HEARTWOOD 2026 – JOIN OUR OUTDOOR ADVENTURES

WEEKS/DATES:	THEMES/DESCRIPTION:
<b>*WEEK 1: June 15th – 19th</b>	<b>NATURE OBSERVERS:</b> Step into the great outdoors to explore our local ecosystem, sharpen observation skills, and enjoy hands-on nature hikes and creative activities.
<b>WEEK 2: June 22nd – 26th</b>	<b>FOREST FRIENDS:</b> Meet Maine's amazing animals and discover their habitats through outdoor adventures, including a special visit from <b>Maine Audubon</b> with animal examples and engaging activities.
<b>WEEK 3: June 29th – July 3rd</b>	<b>ECO JAM:</b> Campers will explore the sounds of nature by creating outdoor rhythms with natural materials and enjoy a high-energy pool <b>dance party</b> .
<b>WEEK 4: July 6th – 10th</b>	<b>CREATIVITY CARNIVAL:</b> Campers will enjoy a week of laughter, games, prizes, and fun at the Camp Heartwood Carnival.
<b>WEEK 5: July 13th – 17th</b>	<b>PET PALS:</b> Campers will learn about responsible pet care, animal needs, and kindness through hands-on activities, including <b>visits from service dogs</b> to practice caring for animals.
<b>WEEK 6: July 20th – 24th</b>	<b>SOAR AND EXPLORE:</b> Soar and Explore: Campers will explore Maine's birds through binocular adventures, nature journaling, and a special visit from the <b>Center for Wildlife</b> .
<b>WEEK 7: July 27th – 31st</b>	<b>BUG BONANZA:</b> Campers will explore the fascinating world of insects and spiders through bug tracking, hands-on activities, and a special visit from <b>Mr. Drew</b> and his animals.
<b>WEEK 8: Aug 3rd – 7th</b>	<b>EARLY ENGINEERS:</b> Campers will explore building, teamwork, and creative problem-solving through hands-on challenges and inventions, including <b>designing and decorating a bench</b> that will stay at the Y for years to come.
<b>WEEK 9: Aug 10th – 14th</b>	<b>ZEN ZONE:</b> Campers will explore yoga, mindfulness, and activities to recharge and connect, including a special visit from <b>Hannaford dietitian Julia</b> to make and eat balanced snacks.
<b>WEEK 10: Aug 17th – 21st</b>	<b>ALL STARS:</b> Campers will enjoy a week of sports, active games, and teamwork, culminating in a fun-filled <b>talent show</b> that guardians and siblings are invited to attend.

**\*HOLIDAY:** There will be no Camp on Friday June 19 | **\*Programs of the week are subject to change.**



## BE PREPARED – What to Bring to Camp:

- Backpack
- Sunscreen
- Bug Spray
- Water Bottle
- Swimsuit (everyday)
- Swim goggles
- Pool Shoes (Crocs or Flip flops – outdoor shoes aren't allowed in the pool)
- Towel
- Lunch
- Lots of Snacks
- An Extra Set of Clothes
- Sneakers & Socks
- Rain Jacket

## PAYMENT & REGISTRATION:

### REGISTRATION:

- \$70 non-refundable deposit per week required to secure registration
- Full payment due 14 days before camp start date
- Unpaid balances will result in attendance suspension until payment

### CANCELLATIONS:

Written notice required at least 15 days before the camp week starts.

**If you cancel in writing 15 days or more before the start of the camp week:** You will be refunded what you have paid, minus the weekly non-refundable registration deposit.

**If you cancel in writing 0–14 days before the start of the camp week:** No refund. You will be charged in full.

No refunds for:

- Cancellations with less than 15 days' notice
- Disciplinary removals
- Deposits

## FOR ALL - Affording Summer Camp:

The YMCA is committed to serving all families, regardless of financial circumstances.

### To Apply for Assistance:

If your family is currently receiving Child Care Subsidy, we ask that you transfer your child care provider to the YMCA. **Please note** that families receiving subsidy are not eligible for YMCA Financial Assistance.

If you are not currently receiving subsidy, we will first determine whether you might qualify for State Child

Care Subsidy by submitting a completed YMCA Financial Assistance Application.

- If we believe you may qualify, you will need to complete and submit a full Subsidy application, including all required documentation, before we can proceed.
- If you do not qualify for subsidy, you may be eligible for YMCA Financial Assistance.

**Important:** You are responsible for full payment of camp fees until State Subsidy or Financial Assistance are confirmed. The process can take several weeks. We ask that you plan accordingly.

## SIGN UP TODAY!

### REGISTER ONLINE at:

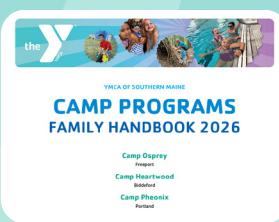
[www.ymcaofsouthernmaine.org/summcamp](http://www.ymcaofsouthernmaine.org/summcamp)

### NEED HELP?

Please contact your Program Director if you have any questions about Summer Camp, Financial Assistance, or the registration process.

### FREQUENTLY ASKED QUESTIONS:

Check out the Camp Heartwood Nature Program family handbook for answers to common camp questions.



## ACCOMMODATIONS:

If your child has any special behavioral or medical needs, including allergies, please speak with your program director to determine if we can accommodate them.

**SIGN UP  
TODAY!**