



SWIM LESSONS – APRIL SESSION

April 6 – May 3 (4-weeks) / April 6 – June 7 (8-Weeks)

SIGN UP ONLINE AT: <https://www.ymcaofsouthernmaine.org/main/online-registration>

IMPORTANT NOTES:

- Registration required
- **Registration OPENS: MARCH 23, 2026**
- **Registration CLOSES: APRIL 1, 2026**
- Members may sign up for classes at any branch

STEP 1: What age group does the student fall into?



6 months–3 years
PARENT* & CHILD:
STAGES A–B



3 years–5 years
PRESCHOOL:
STAGES 1–4



5 years–12 years
SCHOOL AGE:
STAGES 1–6



12+ years
TEEN & ADULT:
STAGES 1–6

STEP 2: See our Lesson Selector to choose the appropriate level.

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REGISTRATION CLOSING: APRIL 1, 2026

CLASS/ DESCRIPTION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CASCO BAY BRANCH							
SCHOOL AGE STAGE 3 (8 Weeks) 1 Class per week Saturdays						SATURDAYS TIMES: 10:20am – 10:50am (8 Weeks)	
NORTHERN YORK COUNTY BRANCH							
SWIM CLUB (4 Weeks) 1 Class per week Monday/Wednesday (Ages 8–16)	MONDAYS TIME: 6:30pm – 7:30pm (4 Weeks)		WEDNESDAYS TIME: 6:30pm – 7:30pm (4 Weeks)				