



SWIM LESSONS – OCTOBER

OCTOBER 5 – NOVEMBER 1, 2026 (Swim Club runs for 4 weeks)

SIGN UP ONLINE AT: <https://www.ymcaofsouthernmaine.org/main/online-registration>

IMPORTANT DATES:

- Registration Required
- **Registration OPENS:** Sept. 21, 2026
- **Registration CLOSES:** Sept. 30, 2026
- Members may sign up for classes at any branch

NORTHERN YORK COUNTY BRANCH: 3 Pomerleau Street, Biddeford, ME 04005 | 207-283-0100

STEP 1: What age group does the student fall into?



6 months–3 years
PARENT* & CHILD:
STAGES A–B



3 years–5 years
PRESCHOOL:
STAGES 1–4



5 years–12 years
SCHOOL AGE:
STAGES 1–6



12+ years
TEEN & ADULT:
STAGES 1–6

STEP 2: See our Lesson Selector to choose the appropriate level.

NORTHERN YORK COUNTY BRANCH | DATES: OCTOBER 5 –NOVEMBER 1 (4 WEEKS)

REGISTRATION CLOSES: SEPTEMBER 30, 2026

CLASS/ DESCRIPTION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SWIM CLUB (4 Weeks) 2 Classes per week Mondays/Wednesdays	MONDAYS TIME: 6:30pm – 7:30pm (4 Weeks)		WEDNESDAYS TIME: 6:30pm – 7:30pm (4 Weeks)				